



St Benedict's C. of E. VA Junior School

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[Headteacher: Mr Piers Ranger](#)

Dear Parent/Carer,

As part of our Personal, Health, and Social Education, the whole school will be covering the topic 'Relationships and Sexual Health Education'. The purpose of this letter is to inform you that in Year 5 this work will take place between Monday 4th and Friday 15th July. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues such as those below before the work is covered in school.

The themes for year 5 will be:

- Friends, families and relationships,
- Puberty - the changes which occur during puberty, why they occur and how to deal with them,
- Personal Hygiene,
- Healthy Lifestyles,
- Self-esteem.

RSE is taught by the class teachers; all teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

Parents can withdraw their children from the aspects of sex education that do not form part of the statutory National Curriculum. If you wish to discuss this, please make an appointment to speak with Mr Ranger.

Parents are welcome to view the materials which will be used in the school's RSE Programme (the Channel Four DVD Living and Growing). Should you wish to do so, please indicate on the attached slip.

If you have any questions, please do not hesitate to come in and see us.

Yours sincerely

Ms Kirby
Year 5 teachers

Mrs Coton



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Please complete this section and return to your child's teacher by next Friday, 24th June.

I acknowledge receipt of the RSE letter.

I wish to view/discuss the upper school DVD materials. Please contact me to arrange this:

I do not wish to view/discuss the DVD materials.

Signed Date:

Parent/Carer of



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