

St. Benedict's C of E VA Junior School PE Development Plan September 2021 – July 2022



Key achievements to date until July 2022:	Areas for further improvement and baseline evidence of need:
<p>Employing our own PE coach in 2021-22 has been a great success. It has reaped dividends in terms of lunch-time provision and in the mentor role for our pupils; there is also better communication between the PE coach and teaching staff, improving outcomes. Our PE coach has been a key member of staff in organising and running inter and intra school events and in working with Year 5 and Year 6 pupils as sports leaders; we hope to develop this further next year.</p> <p>We are proud of the manner in which we kept extra-curricular clubs running, despite the challenges of Covid – we offered year group specific clubs in the autumn and spring terms, before reverting to 'business as usual' in the summer term.</p> <p>Our participation in inter-school sport has been a strength this year; we entered teams in Boys and Girls football, netball and rounders and placed second in three leagues and third in the other. A particular success was our Girls' Football team qualifying for the county finals and finishing fifth.</p> <p>Intra-school sport has also been a positive and our PE coach has been instrumental in organising sporting competition within year groups. One of the highlights of the year was our Euro '22 football tournaments, based on the women's tournament that England eventually won. We also held 'Commonwealth Games themed Sports Days, with Year 5 pupils running the events for St. John's and the Lower School. It is part of our remit to ensure that international events inspire 'the next generation'.</p> <p>Due to our commitment to excellent PE provision, we were awarded the Gold Standard for the School Games Mark. Having previously attained a Silver award, we were very proud that our efforts and our commitment to our pupils being active at school have been recognised.</p>	<p>Sadly, due to the lock down restrictions due to COVID, our local swimming pool was unable to run any schools swimming between March 2020 and January 2022. This has had a huge impact upon our ability to improve our swimming data. Looking forward our aim is to have a real focus on swimming attainment so that more children can achieve the goal of being able to swim 25M.</p> <p>Our Year 3 and 4 cohorts have school swimming lessons as part of the curriculum. Our aim in 2021-22 was to also offer Year 5 a term of swimming (as they had not previously swum in their time at St. Benedict's due to restrictions). The allocated slot (Autumn Term 2021) was hit by Covid safety measures, so this cohort still has not swum. Our aim is to address this in 2022-23 as an intervention using the Sports Premium money to help increase the amount of children who can swim by the end of Year 6. In addition to this, we are now offering swimming to Year 5, so in the 2022-23 academic year, all year groups will swim.</p> <p>Due to issues with training, it was not possible to continue with Maths on the Move (a Maths intervention that involved pupils being active) in the 2021-22 year. Next year we will invest in ActiveMaths, which we believe will be a similar programme. Our PE coach will be a crucial figure in the delivery of this programme and the hope is that it will be an integral part of every teacher's week.</p> <p>We are also keen to develop our young Sports Leaders and aim to resume our playground offer of Year 6 pupils running activities. Furthermore, we will seek to cement our links with our feeder school, St. John's, offering PE taster sessions to their pupils to improve their transition; these will be organised by our PE coach and delivered by our pupils.</p> <p>In the push to maximise our pupils' active time outside, we will continue to develop outdoor areas, including our World Garden. We hope to offer a 'Gardening' intervention, delivered by a nurture and horticulture expert and targeted at pupils who can struggle in the classroom environment but who flourish outdoors.</p>

Did you carry forward an underspend from 2020-21 academic year into the current academic year?

YES

Total amount carried forward from 2020/2021 **£8,180**
+ Total amount for this academic year 2021/2022 **£18,041**
= Total to be spent by 31st July 2023 **£26,221**

<p>Meeting national curriculum requirements for swimming and water safety.</p> <p>N.B Complete this section to your best ability. For example you might have practised safe self-rescue techniques on dry land which you can transfer to the pool when school swimming restarts.</p> <p>Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the NC programme of study.</p>	
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p> <p>N.B. Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2022.</p> <p>Please see note above.</p>	41%
<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p> <p>Please see note above.</p>	69%
<p>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</p>	98%
<p>Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</p>	We attempted to send an extra year group swimming this year to make up for missed time through Covid, but they were unable to attend due to fresh outbreaks of Coronavirus.

Academic Year: 2021/22	Total fund allocated: £18,041	Date Updated: 21st July 2022	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school			
Intent	Implementation	Impact	Funding allocated and next steps
<ul style="list-style-type: none"> Increased pupil participation Enhanced, inclusive curriculum provision Increased capacity and sustainability Improved standards Positive attitudes to health and well-being Improved behaviour and attendance Improved pupil attitudes to PE Positive impact on whole school improvement Easier pupil management A more inclusive curriculum which inspires and engages all pupils 	Maintain 2 Activall Interactive Fitness wall units in the playground. Units to be used by pupils at break, lunch and during PE Lessons.	<p>The Activall has been an incredibly successful initiative which has seen the whole school get involved. The wall is rotated on a year group basis. They wall enables the children to work on fitness, stamina and hand-eye co-ordination by hitting the illuminated targets on the wall. It has also been a great stress reliever allowing children to release pent up tension and aggression. This has been particularly useful for our children who have experienced emotional and behavioural issues. In addition to this, the children have been able to challenge each other to learn new skills and work on their own personal bests.</p> <p>Attitudes to learning and behaviour were much improved in the playground.</p>	<p>£2750 Maintenance Contract (£2750 – needed to fulfil contract next year)</p> <p>This is a permanent fixture at school so we will continue to maintain it.</p>
	Increase engagement of <u>all</u> pupils in regular physical activity to raise active minutes. <ul style="list-style-type: none"> - Use PE coach to engage children in sporting activities during the lunch time break and to run DASH Club (before school). - To use play leaders to facilitate physical activity during the lunch time break. 	<p>The introduction of a specialist sports coach during the lunch break has been incredibly successful. We have seen an increase in children becoming more physically active.</p> <p>Attitudes to learning and behaviour were much improved in the playground. Class teachers have noted an improvement in behaviour in class as well.</p> <p>Due to Covid restrictions, it was unsafe to utilise play leaders at break times. This will be revisited in the 2022-23 academic year.</p> <p>From pupil PE survey July 2022:</p> <ul style="list-style-type: none"> 91% of pupils undertook 30 mins or more of physical activity at school each day, 	<p>£9030 staffing costs.</p> <p>Next year, we will continue to employ an in house sports specialist to run these activities to lower the cost of hiring external coaches. The coach will work with Year 6 Sports Leaders.</p>

		<ul style="list-style-type: none"> 65% of pupils undertook 60 mins or more of physical activity at school each day. 	
	<p>Play Equipment to increase engagement of all pupils in regular physical activity to raise active minutes.</p> <ul style="list-style-type: none"> Due to the COVID restrictions imposed upon the Nation during the last year, we were faced with the conundrum of how to keep our children physically active. The challenges that faced us were how to use equipment that the whole school could access within their 'bubbles'. We settled on colour coded play equipment, which corresponded with a year group. Meaning that only a specific year group could use a certain coloured piece of equipment. We invested heavily in this to offer physically active and engaging experiences during break and lunch times. 	<p>The introduction of play equipment during break and lunch break has been very popular. We have seen an increase in children becoming more physically active.</p> <p>Attitudes to learning and behaviour were much improved in the playground. Class teachers have noted an improvement in behaviour in class as well.</p> <p>From pupil PE survey July 2022:</p> <ul style="list-style-type: none"> 91% of pupils undertook 30 mins or more of physical activity at school each day, 65% of pupils undertook 60 mins or more of physical activity at school each day. 	<p>£1163.82 –</p> <p>We aim to add more equipment and maintain the current equipment.</p> <p>We also aim to offer more creative/natural play options for pupils at lunchtimes.</p>
	<p>Enriched curriculum to offer a broad and balance program (including the 2014 PE curriculum)</p> <ul style="list-style-type: none"> Where are we now? Ideal curriculum to be broad and balanced. Time available Ideas from student voice as to what the pupils would include. Develop a clear yearly plan for all to follow. 	<p>Lesson plans and skills progressions are clear and easy to use with the real PE Jasmine Online Portal and resource packs.</p> <p>Curriculum map including identified additional activities</p>	<p>£0 supply cost</p> <p>PE Lead supply cost to analyse results and draw up curriculum plan. No cost as PE Lead is the Head teacher and doesn't require cover.</p>
	<p>Implement Golden Mile</p> <ul style="list-style-type: none"> Whole school commitment to Golden Mile 	<p>This initiative has been adopted by all teachers and classes in the school. The children are regularly given opportunities to run as part of their school day and all note the amount of laps ran in a 10-minute timed period.</p> <p>The children have learnt about personal best and personal achievement. Of the children asked, all had</p>	<p>Free as run in school</p> <p>Continue with initiative</p>

		made improvements in the number of laps they could run in a given time. Teachers have reported the benefits of this to behaviour and engagement in class	
Total spend for this Key Indicator:			£12943.82

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement			
Intent	Implementation	Impact	Funding allocated and next steps
<ul style="list-style-type: none"> • A more inclusive curriculum which inspires and engages all pupils • Improved pupil attitudes to PE • Positive impact on whole school improvement • Academic achievement enhanced • Pupils understand the value of PESSPA to their learning across the school • Staff across the school can start to make the links across subjects and themes including PE 	Inclusive Physical maths boosters for SEND children To run maths boosters using a physical maths program. 12 x 1 hour Weekly sessions focused for SEND children.	Maths on the Move was not available so we have sourced a similar programme – ActivMaths. This will focus on pupils below ARE in Maths and will involve the PE coach as a leader and mentor.	£0 Buy into ActivMaths scheme for 2022-23 £550 as Maths on the Move is not available.
	Ensure the curriculum is inclusive <ul style="list-style-type: none"> - Use of TA's to support/aid learning - Quality of teaching and learning on offer to all - Purchasing specialist equipment and teaching resources to develop a fully inclusive curriculum - CPD for staff to increase subject knowledge and confidence in PE - Employing a specialist teacher to lead after-school clubs for pupils (including those with SEND) - Training all teaching staff to teach Real PE – which focuses on fundamental movement skills and offers progression and consistency for all learners. 	We have ensured that the curriculum is inclusive by training in and using Real PE. This scheme of work develops the whole child as well as the physical attributes which are obviously so important to PE. The scheme is inclusive as it offers opportunities to all learners to build upon their own individual ability. The scheme offers choice and progressions to ensure that all learners are suitably challenged and stretched regardless of their own starting point. In the Autumn Term 2021 and Spring Term 2022, Covid safety measures inhibited our ability to run a full range of clubs, but we offered year group specific clubs to maintain bubbles. In the Summer Term 2022 we offered a full range of clubs. Clubs this year included:	Staff to teach 1 Real PE session a week to continue whole school approach. Train new teachers in the Real PE methodology. To develop an effective assessment tool to monitor progress. Real PE training – see indicator 3

<ul style="list-style-type: none"> • Pupil concentration, commitment, self-esteem and behaviour enhanced • Positive behaviour and a sense of fair play enhanced • Good citizenship promoted 		<p>Football, including a league for girls and for boys (we came second in the girls' league and qualified for the area finals – finished 5th in the county; we came third in the boys' league).</p> <p>Rounders (we were part of the local schools' league and finished second).</p> <p>Cricket,</p> <p>Netball (we were part of the local schools' league and finished second).</p> <p>Dance,</p> <p>Glee Club,</p> <p>Drama,</p> <p>Music/Production Club,</p> <p>Also Spanish, Art, Coding club, Chess.</p> <p>At the end of the term we had provided extra-curricular experiences to over 83% of the school compared to 73% the last time we were able to meaningfully offer clubs.</p>	
	<p>Correct utilisation of external coaching staff to aid the PE curriculum</p> <p>To focus on pupils' level of fitness post-Covid, we have employed our own PE coach. Part of their remit this year is to teach extra PE sessions to develop whole-school fitness and stamina.</p> <p>This has resulted in high quality sports specific coaching to all of our pupils.</p>	<p>Children have benefitted by learning sports specific skills and have learnt about fair play and competitive sports.</p> <p>Engagement levels and fitness across school has developed.</p> <p>All children have engaged in these activities included more vulnerable pupils and children with SEND.</p>	<p>£9913.58 –</p> <p>Our plan for the following Academic year is to continue to utilise an in-house sports coach to specific year groups throughout the year. They will also deliver ActiveMaths to specific groups.</p>
	<p>Inclusive equipment</p> <p>Equipment to enable SEND child to be more physically active.</p>	<p>Child uses equipment daily to aid physical activity.</p>	<p>£52.99</p>
<p>Total spend for this Key Indicator:</p>			<p>£9966.57</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intent	Implementation	Impact	Funding allocated and next steps
<ul style="list-style-type: none"> • A more inclusive curriculum which inspires and engages all pupils • Improved pupil attitudes to PE • Positive impact on whole school improvement • Academic achievement enhanced • Staff across the school can start to make the links across subjects and themes including PE • Pupil concentration, commitment, self-esteem and behaviour enhanced • Positive behaviour and a sense of fair play enhanced • Good citizenship promoted 	Development of skills of 'own' staff to teach a broad and balanced P.E. curriculum. <ul style="list-style-type: none"> - Teaching staff to receive refresher training for the professional learning and training to use Real PE in one PE session per week. 	Online training supported new staff members in the delivery of Real PE.	£165 CPD for PE coach in: <ul style="list-style-type: none"> • ActivMaths, • Gymnastics.
	Renewal of real PE Jasmine licence To enable the whole school teaching of real PE	Lesson plans and skills progressions are clear and easy to use with the real PE Jasmine Online Portal and resource packs.	£245 - Staff to teach 1 Real PE session a week to continue whole school approach. CPD for teachers in the Real PE methodology.
Total spend for this Key Indicator:			£410

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Intent	Implementation	Impact	Funding allocated and next steps
<ul style="list-style-type: none"> Increased pupil participation Enhanced, extended, inclusive extra-curricular provision More confident and competent staff Enhanced quality of delivery of activities Increased staffing capacity and sustainability Improved standards Positive attitudes to health and well-being Improved behaviour and attendance and reduction of low level disruption Improved pupil attitudes to PESSPA Positive impact on whole school improvement Easier pupil management Enhanced communication with parents / careers Clearer talent pathways Enhanced communication with parents / careers Increased school-community links Extended, alternative provision Engaged or re-engaged disaffected pupils 	<p>Focus on developing wellbeing and mental health.</p> <p>A wide range of extra-curricular activities promote feeling of achievement/success and lead to increased engagement in physical activity.</p> <p>Discussion of how engaging in physical activity helps to promote strong levels of mental and emotional wellbeing.</p> <p>Physical activity planned into disaffected pupils' Behaviour Plans.</p> <p>Pupils who have low levels of wellbeing/poor mental health (identified via Edukit) identified for physical activities at lunchtime.</p> <p>Year 5 Healthy Eating project with SASP, Gardening sessions for each year group to promote wellbeing and connection with nature and the community (Raised Beds for Happy Heads)</p>	<p>Positive impact on identified pupils. Edukit surveys evidence that levels of wellbeing have risen over the year.</p> <p>Disaffected pupils more engaged as a result of pre-emptive activity breaks.</p> <p>Pupils and school more engaged with wider community through gardening projects.</p> <p>Pupils' engagement in physical activity at break-times has improved wellbeing.</p>	<p>No extra expenditure (PE coach lunchtime sessions already accounted for).</p>
	<p>Forging links with other subjects that contribute to pupils' overall achievement and their greater spiritual, moral, social and cultural skills (SMSC)</p> <p>Development Forest school site and increased opportunities for gardening</p> <ul style="list-style-type: none"> - Continue to develop the Forest school area to continue physical activity through a range of subjects - Ensuring that once PESSPA subject knowledge is secure, all staff support and implement cross curricular learning - Review the contribution of Physical Education and School Sport (PESSPA) to whole school priorities 	<p>Forest School has been very successful so far. All of the children in the school have undertaken forest school sessions, which have offered cross curricular opportunities. The children have been excited, engaged and most importantly active throughout the sessions. We have seen confidence and enthusiasm grow amongst all of our students.</p> <p>Our Nurture provision has also adopted Forest school sessions.</p>	<p>£512.52</p> <p>To continue to implement Forest School throughout the school and year.</p> <p>To continue to develop our site and resources.</p> <p>For staff to run their own forest school sessions with support from the forest school lead.</p> <p>To continue to incorporate forest school into our nurture</p>

	<ul style="list-style-type: none"> - Source and set up store area for equipment and buy new equipment - Allocate outdoor areas for year groups to nurture (gardening opportunities), and promote scientific and geographical knowledge through this. - Each year group has one of the 'raised bed for happy heads' in the community and there have been opportunities for pupils in all year groups to plant hedging and tend to the World Garden. - Each year group also has a raised bed in our World Garden. - We have also developed a covered area at the rear of Year 3 with raised beds and a mini-pond. An identified target for next year will be to plant this up so that Year 3 can develop it. 	The impact on pupils engaging with nature and generally being outdoors is huge, both in terms of wellbeing and engagement; pupils who have struggled to engage in class have been in their element outside and then engage better in learning when back in class.	provision for children with SEND and for those who need additional emotional support.
	Healthy eating programme Teaching about healthy eating and keeping bodies healthy – with links to the Science curriculum for Year groups 3 and 5.	Healthy Futures was delivered Online by SASP. The project was part funded (the year 5 sessions) through Public Health at Somerset County Council. The sessions encouraged children to develop their understanding of how to lead a healthy lifestyle. The lessons were fully interactive and provided opportunities for children to discuss their current lifestyle and also come up with solutions that will help them in the future.	£0 To continue with the initiative
	Somerset Cricket Board Affiliation Online lessons taught by SCB to encourage an increased participation in competitive sport.	The sessions were successful and developed children's skills and knowledge of cricket.	£25
Total spend for this Key Indicator:			£537.52

Key indicator 5: Increased participation in competitive sport

Intent	Implementation	Impact	Funding allocated and next steps
<ul style="list-style-type: none"> Extended, alternative provision Engaged or re-engaged disaffected pupils Increased pupil participation More confident and competent staff Enhanced quality of delivery of activities Increased staffing capacity and sustainability Improved standards Positive attitudes to health and well-being Improved behaviour and attendance and reduction of low level disruption Improved pupil attitudes to PESS Positive impact on whole school improvement Enhanced communication with parents / carers Increased school-community links 	<p>Create a sustainable partnership physical education group with other schools and additional local partners</p> <ul style="list-style-type: none"> Review our partnerships and membership of networks including CLP and SGO Participate in inter-sports leagues Identify any new possible partnerships including: <ul style="list-style-type: none"> Local sports clubs County Sports Partnership Offsite centres Develop additional partnership wide events to benefit both the staff and pupils. Buying into existing local sports networks Staff CPD cover costs Transportation to events 	<p>Promoted local clubs through newsletter feature and Collective Worship slot.</p> <p>New minibus (purchased through fund-raising) has enabled us to attend sporting events.</p> <p>Glastonbury Cricket coach ran sessions.</p> <p>PE Lead attended CLP sessions.</p> <p>Staff CPD has included swimming training and tennis coaching.</p>	<p>£300</p>
	<p>Participation and success in competitive school sports whether intra or inter school</p> <ul style="list-style-type: none"> Review our strategy for engaging in competition Engage with our School Games Organiser (SGO) Engage more staff / parents / volunteers / young leaders Improve links with other schools Satellite clubs Paying staff or external sports coaches to run competitions, or to increase pupils' participation in national school games competitions Paying for transport for fixtures and festivals 	<p>Involvement in following leagues: Football (Boys' and Girls'): finished third in boys and second in girls (qualified for county finals in girls and finished 5th), Netball (second in league), Rounders (second in league).</p> <p>We have been able to play intra- year group sports such as football, cricket, rounders, dodgeball and netball.</p> <p>The use of Somerset Cricket Board has enabled children to develop their skills and knowledge to play competitive cricket.</p>	<p>£325</p> <p>Next year we intend to continue our entries into intra school leagues for football, girls' football, netball and rounders.</p>
Total spend for this Key Indicator:			£625
Total spend for ALL Key Indicators:			£24482.91

Signed off by:	
Head Teacher:	Piers Ranger
Date:	22/07/22
Subject Leader:	Piers Ranger
Date:	22/07/22
Governor:	Helen Roper
Date:	